# 'ARE YOU READYFOR LIFE COACHING?' QUIZ

On a scale from 1 to 10, rate each of the following statements	
1 2 3 4 5 6 7 8 9 10  Don't Agree Somewhat Agree Totally Agree  (if not applicable, score the item at 5 points)	
✓ I am ready to create more balance in my life	
✓ I am ready to improve my personal or business relationships	
✓ I am ready and willing to overcome self-limiting beliefs	
✓ I am ready to change behaviours that are holding me back	
✓ I am ready to achieve a sense of fulfilment at work	
✓ I am ready to make real and positive changes in my life	
✓ I am ready to create plans and take action to achieve my goals	
✓ I am ready to find focus and live my life's purpose	
✓ I am ready to create plans and take action to achieve my goals	
✓ I want peace, love, and harmony in my home life	
✓ I want more fun and enjoyment in my life	
✓ I want to work less and make more money	
✓ I can benefit from someone who will help me to stay on track	
ADD UP YOUR TOTAL SCORE	

## **Interpreting your score**

### Under 35

Life Coaching is not for you right now

Please feel free to revisit our website when you think you are ready to take the quiz again

#### 36 to 60

Life Coaching could help you to look at your life from a different perspective as well as help you to develop a plan for changing whatever it is that you would like to change

However, if you decide to work with a life coach, you should decide and commit that you will take the necessary action for your benefit

Your own work would make long-lasting life-changing improvements

## Over 60

Congratulations!

You are ready for a Life Coach now! You are willing to do whatever it takes to create the life of your dreams, the life you desire, the life you deserve.

If you wish to explore your Life Coaching options with us, please take a moment to contact us right now for an Obligation-Free introductory coaching session to find out what Life Coaching can do for you.

What if just this one click could change your life forever?

**CONTACT US NOW**